

# CAR SEAT SAFETY GUIDE



## PROPER FIT AND INSTALLATION

Proper use of car seats helps keep children safe. Throughout Europe and the United Kingdom, children must use a child car seat until they are a minimum of 12 years old or 135 centimetres tall, whichever comes first. In select European countries (Germany, Italy, Poland, Czech Republic and Switzerland) it is mandatory to use a car seat even longer and up to 150 centimetres in height. Children over the recommended maximum height must wear a seatbelt. Always check your car seat to make sure it is suitable for the height of your child.

In 2013 a new car seat regulation was introduced into the EU and UK referred to as R129. It was established to make child car seats easier to fit, provide better protection from side impact collisions and keep children rear facing longer.

When shopping for a car seat consider these five steps crucial to your child's safety.



### SELECTION

#### Find the best car seat for you

Choose a seat that best fits your child and your vehicle. Make sure features of the car seat are easy to use and understand, so you have confidence you are installing and using it correctly.



### DIRECTION

#### Rear-Facing or Forward-Facing?


As part of R129, children must travel rear facing until 15 months. Many juvenile and automobile organizations encourage children stay rear facing longer to at least 2 years of age; in Sweden it is required that children stay rear facing until 4 years of age.



### LOCATION

#### Tight install every time

The safest seating position is the one that works best for your car seat, vehicle and family.

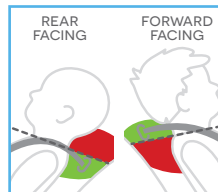
R129, and specifically i-SIZE were developed for greater car seat and vehicle compatibility and installation with less room for error. i-SIZE only applies to ISOFIX seats. ISOFIX anchors are marked in your vehicle with this symbol.  Check your vehicle owner's manual to understand if your vehicle is i-SIZE compatible.



### INSTALLATION

#### Read the manuals

Technology changes and manufacturers are always thinking of new ways to keep children safe. Be sure to read your vehicle and car seat manuals for proper instructions and to stay up to date.



### PROPER FIT

#### Position harness straps properly

Always read your car seat owner's manual for harness fit. In most rearward facing direction car seats, the harness should be level with or just slightly below the child's shoulders. In a forward-facing car seat, the harness should be level with or slightly above the child's shoulders.



#### The harness should always be tight!

The harness should be as tight as possible while keeping the child comfortable. No more than two fingers pressed together should be able to pass between the child and the harness.



#### Conduct the Pinch Test

You should not be able to create a loop when pinching using your finger and thumb on the vertical part of the harness.



# SAFETY CHECKLIST

It's easier than you think to ensure your child is properly protected in your vehicle, just follow this list!



## Read your manuals

Every car and car seat have different installation instructions, so make sure you read both.

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## Carrier only installations are a safe option for travel and especially convenient for ride shares and taxis

Refer to your manual for instructions on how to get a proper installation.

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## Store loose objects in the trunk

Anything unrestrained in the vehicle can be a projectile.

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## No bulky clothing or jackets under harness or shield

Too much padding can give a false sense of tightness

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## Make sure the harness is tight

No more than 2 fingers pressed together should be able to pass between the child and the harness.

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## Check installation often

Adjust harness, check tightness and review safety guidelines.

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## Choose the seat that fits your child's current height and age

As children grow, the types of restraints evolve (e.g., carrycot, infant carrier, toddler seat, booster seat). Always check your child's height and the height maximum of your child seat.

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## Avoid air bags

Children in rear-facing seats should never be placed in front of an active passenger air bag.

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## Keep children in the back seat until at least age 13

It's the safest place to ride.

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## Remember to register

Register your car seat so you can be notified in the event of a safety recall and for other important product information.

*Qualify the MESA i-SIZE for a LIMITED LIFETIME WARRANTY simply by registering your seat. Visit [UPPAbaby.com](https://UPPAbaby.com) for more info.*

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## Always wear your seatbelt

Children are more likely to buckle up if you do.

